Porsche Club Novice Driver Classroom Session One





DE Concept - 09 color

Welcome to Porsche Club of America Driver's education



It's my <u>first day</u> at a Driver's Education Event



- What Can I Expect?
- Apprehension-it is normal
- The key is to relax.
- You are here to
 - Be Safe
 - Have Fun
 - Learn

Preview of today

- Basic Principles and Procedures of the student/instructor relationship
 - To start, instructor will drive your car for a few laps.
 - Show you where the track "goes"
 - Student will then drive, and instructor will "talk" you around the track.
 - Our number one goal: Have a <u>safe</u> and fun track experience!



Preparation



- Make sure your car is empty of loose articles
 - Check interior, trunk. glove box, console, etc
- Torque your wheels and set the correct tire pressures
 - •Recommended tire pressures listed on door jamb/glove box.
 - Check mirrors adjusted and correct seat position
 - Windows down
- Hand position on the steering wheel
 - •9 and 3
 - •Most people move their seat forward a bit.
 - •One hand draped over the top of the wheel and the other resting on shift knob is a no no!

Driving Basics

Shifting Gears

- Minimal Gear Changing initially
 - We will drive at "instructional" speed
 - One or two mid range gears are all that is necessary
 - There are many high horsepower cars out there, there should be no need for fourth or higher gears at this stage.

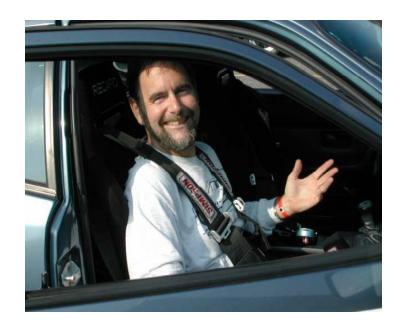
Emphasize Smoothness

- Gentle hands and feet
- No aggresive inputs
- Possible loss of control from harsh or exaggerated actions. •Listen to your instructor

Leave the Ego at home

This is **NOT** racing





- Demonstrate self control
- Driving on the track can be very "stimulating"
- Ask questions



The Four C'S • Corner Stations and Flags

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Explain corner workers and different flags.

Cones

- Reference points for:
 - Braking
 - Turn In
 - Apex
 - Track out
 - These terms will be discussed further in session two.

Cars

- Awareness, courtesy
- Passing Protocol, Mirrors

Correct Line

- Connect the dots (Cones) for now
- Correct line (Discussed further in lesson two)

Procedures Review

The Grid

- Where we line up to start
- Finding the Grid
- Keep your speed down in Paddock and Grid!

The "Hot Track"

- Entry and exit to the track
- Green Flag/Checkered Flag
- Cool Down Lap
 - Instructor Review
 - Cool you and the car down!

Passing Procedures

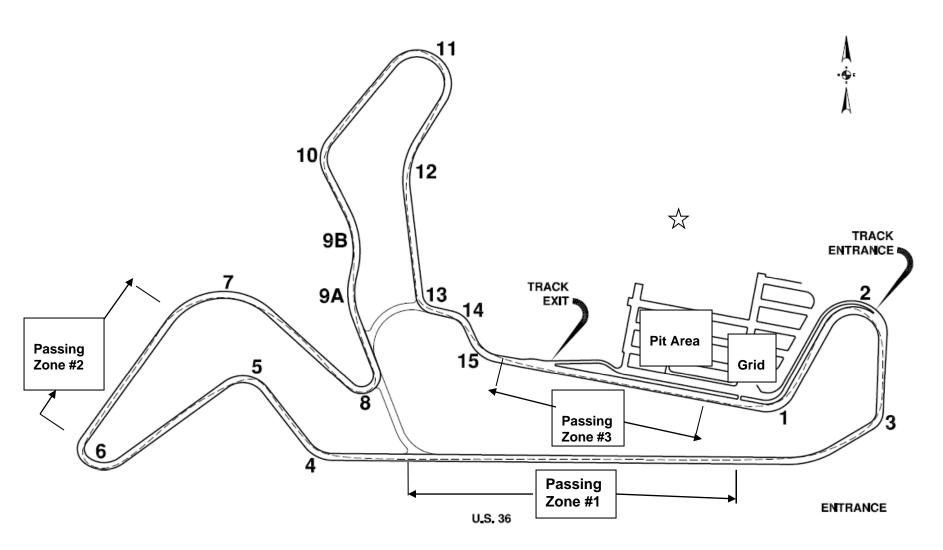
- Where are the passing zones?
- Responsibilities of lead car and passing car
- Hand signals
- Lead car slows down





High Plains Raceway
Blue and Green Groups
Passing Zones for RMR-PCA
Driver Education Events - 2011





Flag Review



- Try to notice the corner worker stations
 - Keep an eye out for the different flags used at the event

Green Start

Yellow Caution

Red Emergency on track

Black Something wrong with car –or you!

» Open flag-come into the pits

» Furled flag pointed at <u>your</u> car- There is a problem with your driving, adjust as necessary

Checker Session finished, commence cool down lap

White Slow moving vehicle is on track





End of Session One Have Fun!

Porsche Club Novice Driver Classroom Session Two





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Let's Get Technical

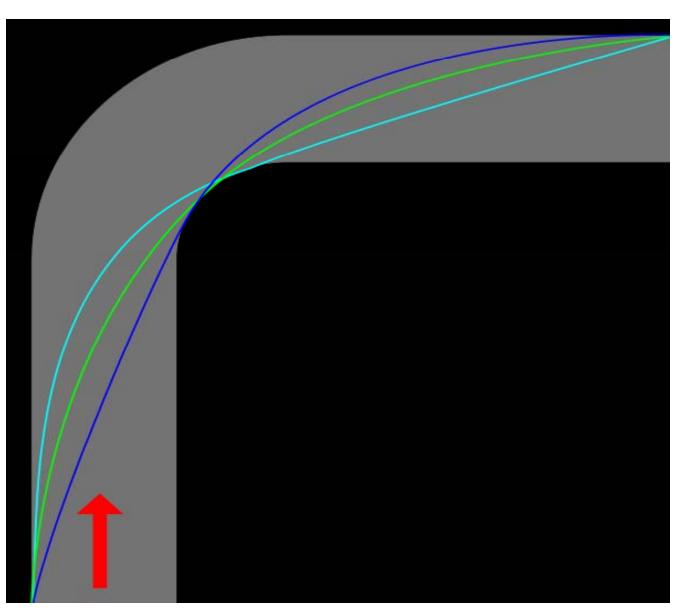


- What is the "Line" ?
 - The <u>quickest</u> route around the track
 - Not necessarily the shortest.
 - Minimum time in the corner, maximum overall speed
 - Look at the track map to examine the line corner by corner

More technicalities



- What in the world is an Apex?
 - Sometimes known as the "clipping point"
 - Often, but not always, the geometric center of the turn
 - Hitting the apex correctly lets vehicle take straightest line and maintain highest speed throughout the corner.
 - The innermost edge of the turn
- Types of Apex
 - Early apex
 - Middle (neutral) apex
 - Late apex
 - Each has advantages and disadvantages





Apexes

Dark Blue- Early

Green - Medium/Neutral

Light Blue- Late

Braking and Turning



Braking Points

 Some with numbers (usually distance to start of turn), some have cones, some have nothing at all

Turn In

Where a turn is initiated

Track Out

Where a turn is completed

Practice, Practice!

Pick two or three corners to concentrate on per session.

More Technicalities



- The Classic Track Driving Method
- Approaching a turn
 - Brake in a straight line- (Threshold braking discussion if appropriate)
 - Downshift as required- Heel/Toe if you know the technique
 - Release the Brakes-(Trail Braking discussion if appropriate)
 - Turn into the corner- late apex is usually safest
 - Return to the throttle-squeeze gas pedal and modulate throttle to track out point
 - Wide entry and exit into corners-use the whole track!
- DO NOT LIFT YOUR FOOT OFF THE ACCELERATOR RAPIDLY IN THE MIDDLE OF A CORNER!



Smooth is good!



Brakes, Throttle and Steering

- More related than you might think
- Avoid abrupt application of <u>all</u> of these to maintain the car's balance

Weight Transfer

- Influences Oversteer, Understeer and Neutral Handling
- Work towards establishing a "flow" from braking into steering and finally into acceleration.
- This is where smoothness and quick lap times come from
- Example: Using increasing power to move weight toward the rear will stabilize the car coming out of a corner.

Where should I be looking?



Vision

- Look where you want the car to go
 - That is where it will go!

Look "downtrack"

- Look as far down the track as you can
- It is safer-easier to see things developing
- Lets you see the "big picture" more easily



What if I get in trouble?



Spin

- "Both Feet In"
 - Clutch and brake peddles down to the floor
 - Spin is the <u>final</u> outcome of oversteer

Running out of track

- Drive off as straight as possible
 - This is the <u>final</u> outcome of understeer
 - Happens under braking-especially late braking
 - Slow down carefully
 - Check your mirrors, or the nearest corner station for info before you <u>ease</u> back onto the track.
 - Continued next slide......

What if I get in troublecontinued



Visit the Chief Driving Instructor

 If either of the above has happened to you, please come into the hot pit lane so that your car (and you!) can be inspected for safety.

Mechanical Issues

- If your car breaks, and you <u>can't</u> get back to the track exit, pull off of the track surface as carefully as possible
 - Stay in your car, and keep your seat belts and helmet on unless you are on fire.

Passing Rules and Zones



Mirrors

- Check your mirrors <u>before</u> entering the passing zone
- Allow passing as needed

Signals

- Use hand signals to tell the passing driver which side to pass
- Keep the hand signal displayed until the pass (or passes if multiple cars) is completed
- Leave room for car to pass on the <u>same</u> side as your hand signal, and slow down enough to allow passing car time to complete the pass.

Use good judgment!

 Lead car and passing car please be sure pass is <u>completed</u> or aborted by the end of the straight-not in the beginning of the corner.

Track Terminology



Track "Language"

- There is a language specific to high performance driving
- Please learn it for maximum benefit and enjoyment.
- Track terminology is in your registration packet

Goals for First Day at the Track



- Be Smooth and consistent
- Develop a rhythm
- Learn the "line"
- Be observant-avoid trouble spots and overly aggressive drivers.
- Have FUN!



End of Session Two

